



Helping children make new friends



LEARNING how to be a good friend involves **body language** skills, basic friendship skills as well as conversational skills. These skills do not come easily to children. And believe it or not, even adults find it hard to make new friends. To make new friends, kids need to learn how to behave around other children in a friendly and considerate manner.

A smile goes a long way

SOME children seem to make friends easily and get **energy** from being around other people. But for **shy** kids who do not have the **courage** to approach other children for the first time, a smile and saying 'hi' is a good way to introduce oneself. Before you know it, you will have started a new friendship.



Being a good friend

KIDS can learn how to be good friends as part of their everyday family life. For example, if the child is playing with a sibling, they can use their **interaction** skills when playing with their friends at school. Playing in a small group at preschool, playgroup or kindergarten can help a child develop friendships, especially for kids who are shy.

Practicing friendship skills

CHILDREN need to learn and practice friendship skills. As they play with other children, they build skills that help them with friendships now and in the future. Skills like sharing with others, taking turns, cooperating, listening to others, and dealing with disagreements are things each and every one of us has to face in life. Knowing how a child responds to other children is a good start in helping them make new friends, as well as getting to know more about their



temperament.



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You should all remain good friends!

G Fun

Which of the following is not good for a friendship?

- A. Being kind
- B. Being caring
- C. Being selfish



Answers on P12

body language (n)
身體語言

energy (n)
活力

shy (adj)
害羞的

Vocabulary Challenge

courage (n)
勇氣

temperament (n)
性情

interaction (n)
交流